

Home Schooling During a Pandemic

Essential Soft Skills

Soft Skills are a combination of skills used to improve behavior , performance, & communication.

They are skills developed over time with practice, support, and patience.

Communication

Express ourselves with clarity, respect, and consideration.

Active Listening

Eye Contact

Attentive Body Language

Silence

Summarizing

Interpersonal Skills

Work well with others

Teamwork

Adaptability

Be flexible

Adapt and adjust to change

Problem Solving

Identify problem

Define solution

Activate solution

Research

Research questions

Gather relevant information

Seek multiple perspectives

Collect evidence

Conflict Resolution

Manage disagreements peacefully

Manage conflict with positive verbal language & body language

Avoid profanity, name calling, yelling, exaggerations, &

respect other's personal space

Negotiate solutions